



Pre & Post Care for Botox/Dysport/Jeveau/Xeomin

Pre Treatment:

- ❖ Discontinue blood thinning agents such as vitamin E, vitamin A, Ginko, Garlic, Flax, Cod Liver Oil, a minimum of 7 days prior to treatment. It is fine to continue iron and vitamin D.
- ❖ Avoid wearing a hat post treatment!
- ❖ Avoid alcoholic beverages for 24 hours prior to procedure as this can increase the risk for bleeding and bruising at the treated site(s).
- ❖ If you have a history of cold sores please let the provider know.
- ❖ If you have a history of any significant allergy or skin sensitivity

Contraindications:

You should not have treatment done if you have any of the following conditions:

- ❖ Myasthenia Gravis
- ❖ Allergy to Botulinum Toxin
- ❖ Neuromuscular disorder
- ❖ Pregnant or breastfeeding
- ❖ Allergy to human albumin
- ❖ Pregnancy or breastfeeding

Post-Procedure

- ❖ Some discomfort, stinging, throbbing or headache is normal for the first few hours. For some, headache may occur the first week.
- ❖ If you experience a headache or mild discomfort you may use tylenol for pain relief.
- ❖ The results of your treatment can take up to 14 days to take full effect.

Usually patients notice a change in

4-5 days. It takes time for the muscles to lose strength and the lines to fade following Botox® treatment. Please wait until 14 days have passed before assessing if you are pleased with the results or require a touch up..

- ❖ Do not touch or rub injected site for 2-4 hours following treatment. Avoid exercise and sweating for the remainder of the day and no lying down or leaning forward for 2-4 hours after treatment.
- ❖ There can be a slight chance of bruising at the treated site, this is temporary. Be assured that any tiny bumps or marks will go away within a few hours of treatment.
- ❖ Avoid any type of facial or massage for 2 days after treatment.

Your satisfaction is important to us! We would like you to return to the office in 2 weeks for a follow-up assessment appointment, especially after your first treatment. This will ensure we are able to see how your facial muscles react to your treatment. If you require additional 'tox to fine-tune/adjust your treatment results there will be additional charges at the regular rate and used in determining your ideal dosage for next time.

Contact the office immediately if you have any of the following:

- ❖ Drainage
- ❖ Increased warmth at or around the treated area
- ❖ Fever of 101.5 or greater
- ❖ Severe pain that is unresponsive to over-the-counter pain relievers

Please contact us at (323) 909-9434 if you have any questions or concerns.